

# PHYSICAL EDUCATION

## Semester I

Paper Code	Title	Contact Hrs.		Credit
		Per semester	Per week	
PHE 101	History of Physical Education	30	02	02
PHE 102	Foundation of Physical Education (Part - I)	30	02	02
PHE 103	Practical Games and Sports	160	08	04
<b>Total Credits for Semester I</b>				<b>08</b>

## Semester II

Paper Code	Title	Contact Hrs.		Credit
		Per semester	Per week	
PHE 201	Health Education	30	02	02
PHE 202	Foundation of Physical Education (Part - II)	30	02	02
PHE 203	Practical Games and Sports	160	08	04
<b>Total Credits for Semester II</b>				<b>08</b>

## Semester III

Paper Code	Title	Contact Hrs.		Credit
		Per semester	Per week	
PHE 301	Anatomy and Physiology	30	02	02
PHE 302	Kinesiology & Biomechanics	30	02	02
PHE 303	Practical Games and Sports	160	08	04
<b>Total Credits for Semester III</b>				<b>08</b>

## Semester IV

Paper Code	Title	Contact Hrs.		Credit
		Per semester	Per week	
PHE 401	Methods of Physical Education	30	02	02
PHE 402	Recreation and Camping	30	02	02
PHE 403	Practical Games and Sports	160	08	04
<b>Total Credits for Semester IV</b>				<b>08</b>

## Semester V

Paper Code	Title	Contact Hrs.	Credit
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		<b>Per semester</b>	<b>Per week</b>	
PHE 501	Test and Measurements	30	02	02
PHE 502	Officiating, & Coaching	30	02	02
PHE 503	Practical Games and Sports	160	08	04
<b>Total Credits for Semester V</b>				<b>08</b>

### Semester VI

<b>Paper Code</b>	<b>Title</b>	<b>Contact Hrs.</b>		<b>Credit</b>
		<b>Per semester</b>	<b>Per week</b>	
PHE 601	Organization, Administration & Supervision in Phy. Edu.	30	02	02
PHE 602	Methods of Sports Training in Physical Education	30	02	02
PHE 603	Practical Games and Sports	160	08	04
<b>Total Credits for Semester VI</b>				<b>08</b>
<b>Total Credits</b>				<b>48</b>