





India International School, Sitapura

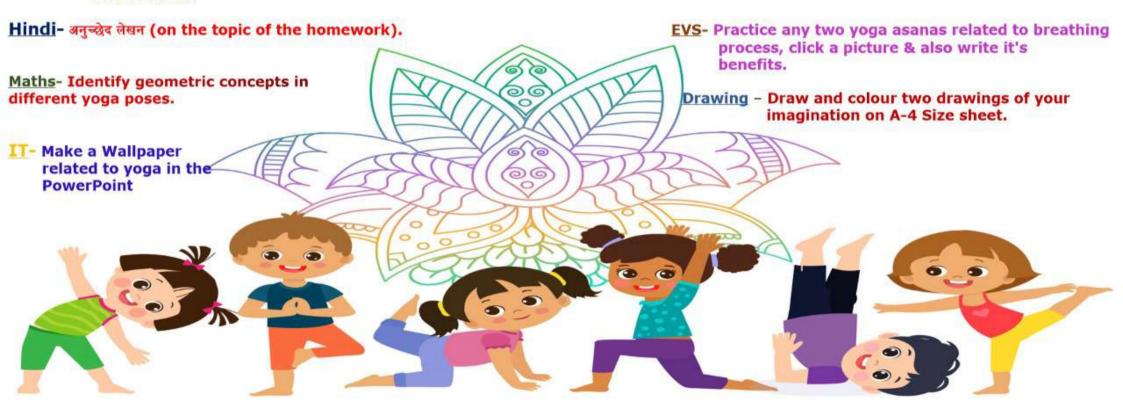
Multidisciplinary & Art Integrated Summer Holiday Homework

Class 5

YOGA- A WAY TO HEALTHY LIFE

Students will learn different yoga poses & it's health benefits.

English - Yoga is an art and science of healthy living. Using this topic sentence, write a short paragraph on The Health Benefits of Yoga in Modern Life.







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Students will make "Green Piece - My Eco Diary" and add the following activities for each subject-

English - Search the internet and find out 05 native trees each for any 05 countries. Write their names and any one commercial/medicinal property in a tabular form.

Hindi- वक्ष और मानव के मध्य हुई वार्तालाप को एक प्रेरक लघ कथा को सचित्र वर्णन कीजिए। Sanskrit - पांच औषधि प्रदान करने वाले पेड़ व पौधों के नाम

Science - Share your experiences regarding 7 R's of sustainability (Rethink, Refuse, Reduce, Reuse, Repurpose, Recycle, Rot) & share pictures also.

S. Science - Soil type and climatic conditions for the growth of the native trees .

-1.Paste pictures of 5 trees/objects available at home/pictures from newspapers on separate sheets and enclose them in rectand 2. Find the area of those rectangular boxes.

3. Find the numbers which must be added to the area of rectangular boxes which makes them perfect squares..

French - Write 5 lines about different Seasons

Drawing- Draw and colour two pictures using your imagination on A-4 size sheet.

T -Make a PPT on different weathers India using transition and GIF images.

