

## Oodles of Joy at Annual Junior Sports Day



Sports are an integral part of our life. They help us in leading a healthy life and teach us how to play honestly, win honorably and loose gracefully. Believing that a healthy nation is a wealthy nation, India International School, Mansarovar organized its Annual Junior Sports Day which filled everyone with oodles of 'Power', 'Self confidence' and 'winning spirit'. One could witness adrenaline rushing through the body and competitive spirit reaching greater heights.

The event initiated with the sports oath by the participants which was administered by Vanshika Bhatia, vice President, student Counsel to abide by the rules and regulations to participate in the sports with the true spirit of sportsmanship.

The students of classes 1 to 5 of the CBSE as well as International wing could be seen firing on cylinders during various races, be it track races, savory Jalebi race, bursting Balloon race, jumping with joy in the Kangaroo race, showing their balancing skills in the Book balancing race, showing their organizing skills in the bag packing race, showing coordination skills in relay races and lot more. The participants exhibited the mercurial energy within them during the display of self defense skills-Taekwando and also promoted **fitness** program through Zumba dance showcasing.

The assistant Principal, Ms. Nidhi Mishra applauded the students for their efforts and awarded the winners under various categories with gold, silver and bronze medals.