

Health Check-Up Camp



On the occasion of International Women's Day, a Health Check-Up Camp was organized at the Institute of Educational and Research Development (IIERD) College on 8th March 2025 in collaboration with Mahatma Gandhi Hospital.

The primary objective of the camp was to encourage students to prioritize their health and well-being by undergoing basic health screenings and receiving professional advice on maintaining a healthy lifestyle.

Health Check-Up Services Provided:

The camp included the following health check-up services:

Blood Pressure Measurement – To assess students' cardiovascular health.

Blood Sugar Test – To detect potential risks of diabetes.

Weight Measurement – To monitor body weight and overall fitness.

Dietary Consultation – A professional dietician provided personalized advice on nutrition and a balanced diet.

The event witnessed active participation from B.Ed. and M.Ed. students, along with faculty members who also availed themselves of the health check-up services. The students appreciated the initiative, as it helped them understand their current health status and adopt healthier habits.

The Health Check-Up Camp at IIERD College was a successful initiative, aligning with the spirit of Women's Day by emphasizing self-care and well-being.